



Power VI-GL™ Assembly & Use Instructions

For 110v Models



* Specifications may vary from this image and are subject to change without notice.

The Power VI-GL is shown here.
Your actual model may vary.



To download and print Teeter's Power VI-GL instructions, visit the product support page at teeter.com.



ATTENTION FACILITY USE PERSONNEL

The Teeter Power VI-GL Inversion Table is commercial-grade equipment intended for use in fitness facilities. In this manual, you will find important information on how to assemble, maintain and use the inversion table. The Power VI-GL inversion Table provides progressive decompression to help relieve back pain by releasing tension and stress, rejuvenating discs, and reducing nerve pressure. Motorized operation with simple one-button control enables smooth and accurate rotation. Perform advanced exercises to train core muscle groups through inverted sit-ups and squats. See back of table bed for illustrated advanced exercises that may be performed on the inversion table.



To register your product warranty, go to teeter.com/Support/Warranty-Registration



If you have any questions concerning assembly or if any parts are missing, **DO NOT RETURN THE ITEM TO THE STORE OR CONTACT THE RETAILER.** Our dedicated customer service experts can help! Contact Teeter Customer Service at **800.847.0143**, or via online forms or Live Chat at teeter.com.

Safety & Assembly Instructions

Important Safety Instructions	1-3
General Warnings	1
Voltage information	2
Grounding Instructions	2
Choosing & Preparing a Site	2
Product Maintenance & Cleaning	2
Proper Training of Facility Staff	3
Emergency Dismount Instructions	3
Items for Assembly	4
Understanding Your Inversion Table	5
Safety Warning Labels & Product Specifications	6
Technical Description	6
Assembly Steps	7-9

Use Instructions

Prepare to Invert	10-11
How to Invert	12
Full Inversion	12
Returning Upright	12

BEFORE YOU BEGIN: Review all steps before beginning assembly and read all precautions before using the Power VI-GL™ Inversion Table. Carefully adhere to the Assembly and User Instructions to help ensure safety and product integrity.

IMPORTANT SAFETY INSTRUCTIONS

READ ALL INSTRUCTIONS BEFORE USING THE INVERSION TABLE



Refer to
Instruction Manual



Operating
Instructions



Carefully review prior
to using equipment

⚠ WARNING

FAILURE TO FOLLOW INSTRUCTIONS AND WARNINGS COULD RESULT IN SERIOUS INJURY OR DEATH.

To reduce the risk of burns, fire, electric shock, or injury to persons:

- Read and understand all the instructions, review all other accompanying documents, and inspect the equipment before using the inversion table. It is your responsibility to familiarize yourself with the proper use of this equipment and the inherent risks of inversion if these instructions are not followed, such as falling on your head or neck, pinching, entrapment, equipment failure, or aggravating a pre-existing medical condition. It is the responsibility of the owner to ensure that all users of the product are fully informed about the proper use of the equipment and all safety precautions.
- **DO NOT** use until approved by a licensed physician. Inversion is contraindicated in any medical or health condition that may be made more severe by an elevation of blood pressure, intracranial pressure or mechanical stress of the inverted position, or that may impact your ability to operate the equipment. This may include injury or illness, but also the side effects of any drug or supplement (prescribed or over-the-counter). Specific conditions may include, but not be limited to:
 - Any condition, neurological or otherwise, which results in unexplained tingling, weakness or neuropathy, seizure, sleep disorder, lightheadedness, dizziness, disorientation, or fatigue, or impacts strength, mobility, alertness, or cognitive ability;
 - Any brain condition, such as trauma, history of intracranial bleed, history or risk of TIA or stroke, or severe headaches;
 - Any condition of the heart or circulatory system, such as high blood pressure, hypertension, increased risk of stroke, or use of anticoagulants (including high doses of aspirin);
 - Any bone, skeletal or spinal cord condition or injury, such as significant spinal curvature, acutely swollen joints, osteoporosis, fractures, dislocations, medullary pins or surgically implanted orthopedic supports;
 - Any eye, ear, nasal or balance condition, such as trauma, history of retinal detachment, glaucoma, optic hypertension, chronic sinusitis, middle or inner ear disease, motion sickness, or vertigo;
 - Any digestive or internal condition, such as severe acid reflux, hiatal or other hernia, gallbladder or kidney disease;
 - Any condition for which exercise is specifically directed, limited or prohibited by a physician, such as pregnancy, obesity, or recent surgery.
- **ALWAYS** ensure that the Ankle Lock System is properly adjusted and fully engaged, and that ankles are secure before using the equipment. HEAR, FEEL, SEE and TEST that the Ankle Lock System is snug, close-fitting and secure EVERY TIME before using the equipment.
- **ALWAYS** wear securely tied lace-up shoes with a flat sole, such as a normal tennis-style shoe. **DO NOT** wear any footwear that could interfere with securing the Ankle Lock System, such as shoes with thick soles, boots, high-tops or any shoe that extends above the anklebone
- **ALWAYS** test the inversion table each time prior to mounting by pressing the Rotation Button to ensure that it rotates smoothly.
- **ALWAYS** ensure there is a spotter present who is capable of returning the user to the upright position using the emergency crank in the event of a power outage.
- **ALWAYS** review the emergency dismount instructional label located on the motor housing prior to inverting. Ensure that the emergency crank is in its storage position and NOT engaged in the motor during normal use.
- **ALWAYS** return the inversion table to the upright position after each use so that the main shaft is resting against the crossbar.
- **DO NOT** continue using the equipment if you feel pain or become light-headed or dizzy while inverting. Immediately return to the upright position for recovery and eventual dismount.
- **DO NOT** use if you are over 6 ft 6 in (198 cm) or over 300 lbs. (136 kg). Structural failure could occur or head/neck may impact the floor during inversion.
- **DO NOT** allow children to use this machine. The inversion table is not intended for use by persons with reduced physical, sensory or mental capabilities.
- **ALWAYS** ensure the inversion table is clear of walls, equipment and other hard surfaces before operating. Keep children, bystanders, and pets away from machine while in use.
- **DO NOT** use aggressive movements, or use weights, elastic bands, any other exercise or stretching device or non-Teeter® attachments while on the inversion table. Use the inversion table only for its intended use as described in these instructions.
- **DO NOT** drop or insert any object into any opening. Keep body parts, hair, loose clothing and jewelry clear of all moving parts. **DO NOT** operate the inversion table if the air openings are blocked.
- Equipment is not intended for continuous rotation. Recommended duty cycle is 30 seconds ON, 3 minutes OFF.
- **DO NOT** operate equipment while under the influence of drugs, alcohol, or medication that may cause drowsiness or disorientation.

FACILITY SAFETY INSTRUCTIONS

- It is the responsibility of the facility to evaluate their own clientele to determine who should and should not use the equipment and ensure that all users are fully informed about the proper use of the inversion table, health contraindications, and all safety precautions prior to use. Ensure that these instructions are available to users.
- **ALWAYS** unplug from the electrical outlet immediately after using and before cleaning or servicing.
- **ALWAYS** inspect the equipment prior to use. Schedule routine equipment inspections to verify that the unit is clean and functions properly, all parts rotate smoothly, and all fasteners are secure. Cycle the equipment through one complete inversion.
- **ALWAYS** set up and operate the inversion table in an area with sufficient clearance on all sides of the unit. **ALWAYS** ensure the inversion table is clear of walls, equipment and other hard surfaces before operating. Users will require adequate space to rotate the table.
- **DO NOT** operate the equipment if: (1) the cord is damaged; (2) the inversion table is not working properly or (3) if the inversion table has been dropped or damaged. **DO NOT** place the cord near heated surfaces or sharp edges.
- **KEEP DRY - DO NOT** operate the equipment near saunas or pools. **DO NOT** operate where aerosol (spray) products are being used or where oxygen is being administered. **DO NOT** use outdoors.
- **ALWAYS** position equipment on a level surface and away from water or ledges that could lead to accidental immersion or falls.
- If the equipment is damaged or inoperable, unplug and keep out of use until repair. **DO NOT** attempt to repair the equipment - there are no user serviceable parts and is not field serviceable. Contact Teeter Customer Support for service. **ALWAYS** dispose of per local regulations.
- If a product label or Assembly & User Instructions should become lost, damaged or illegible, contact Customer Service for replacement.

SAVE THESE INSTRUCTIONS

Important Safety Instructions

VOLTAGE INFORMATION

- The power requirement for the Teeter Power VI Inversion Table include a grounded, dedicated circuit with a nominal voltage of 110 VAC at 60 Hz. Voltage requirements are also located on the serial number decal on the inversion table.

WARNING

To avoid the risk of electric shock, **ALWAYS** connect to supply mains with protective earth that matches the voltage requirements of the inversion table that has been received. **DO NOT** attempt to use this unit with a voltage adapter. **DO NOT** attempt to use this unit with an extension cord. **DO NOT** plug more than one unit into a single circuit. **ALWAYS** ensure that the inversion table is connected to an outlet having the same configuration as the plug. **DO NOT** use a ground plug adapter to adapt the power cord to a non-grounded outlet.

GROUNDING INSTRUCTIONS

- The Power VI Inversion Table must be grounded. If it should malfunction or break down, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

WARNING

ALWAYS ensure the equipment is properly grounded to avoid risk of serious injury or death. **ALWAYS** check with a qualified electrician or service provider if there is doubt as to whether the inversion table is properly grounded. Improper connection of the equipment grounding conductor can result in a risk of electric shock.

CHOOSING & PREPARING A SITE

- Before assembling the inversion table, a suitable site must be selected and have the proper electrical outlet power available for optimum operation and safety. See the **Voltage Information** section on this page to determine the inversion table's voltage requirements. Note the Technical Description on pg. 6 for optimum performance.
- The area selected for the inversion table should be well lit and well ventilated. Locate the inversion table on a structurally sound and level surface with ample clearance from walls and other equipment. Users will require adequate space to rotate the table. In front of the inversion table should have a 43 in (109.2 cm) minimum space. Behind the inversion table should be 33 in (83.8 cm) minimum of space. Allow enough clearance for safe access and passage during use of the machine.
- Do not install the inversion table in an area of high humidity, such as in the vicinity of a steam room, sauna, indoor pool, or outdoors. Exposure to extensive water vapor, chlorine, and/or bromine could adversely affect the performance of the machine.
- If possible, set up the product at or near the space in which you intend to use it to avoid moving it later.

PRODUCT MAINTENANCE & CLEANING

- Facilities are responsible for the cleaning and maintenance of the equipment. All maintenance activities shall be performed by qualified personnel.
- Regularly wipe down the unit with mild soap and water. **DO NOT** use abrasive cleaners or solvents.
- Schedule routine equipment inspections to verify that the unit is clean and functions properly, all parts rotate smoothly, and all fasteners are secure. Cycle the equipment through one complete inversion.

WARNING

To avoid the risk of serious injury or death, **ALWAYS** ensure that all controls are turned to the OFF position and remove the plug from the outlet immediately after using and before cleaning or servicing.

Important Safety Instructions

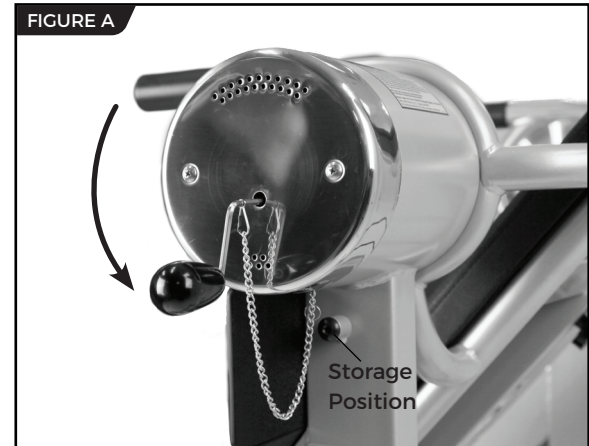
PROPER TRAINING OF FACILITY STAFF

- Facilities are responsible for evaluating their own clientele to determine who should and should not use the equipment. It is also the facility's responsibility to review the health contraindications, safety, and user instructions with all users prior to allowing them access to the equipment. Ensure that this manual is available to users.
- All facility staff should be trained to perform the **Emergency Dismount Instructions** below in order to return the user to the upright position in the event of a power outage or other event that prevents the motor from returning the Table Bed upright.

EMERGENCY DISMOUNT INSTRUCTIONS

- Only use the Emergency Crank if the motor is rendered ineffective.
- Reach for the Emergency Crank stored beneath the motor housing on the left side of the inversion table.
- Insert the Emergency Crank into the hole on the motor housing and turn the crank counter clockwise (Figure A) to rotate the Table Bed to the upright position.

IMPORTANT: During normal use, ensure that the Emergency Crank is in its storage position and NOT engaged in the motor.



Items for Assembly

Items not shown to scale. Hardware drawings located on the insert inside each Hardware Kit.

ITEM NO.	ITEM NAME
Table Frame & Base Assembly	
P12002	Base Platform
P12001	Frame pre-assembled Table Bed
Main Shaft Assembly	
P19521	Main Shaft with Ankle Lock System
P11003	Locking Knobs (2)
Handle Assembly	
P12003	Handles (2)

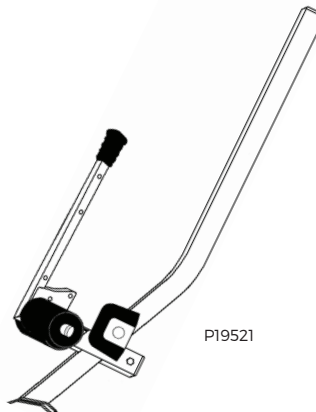
Tools Required for Assembly: 19mm wrench

Base Platform



P12002

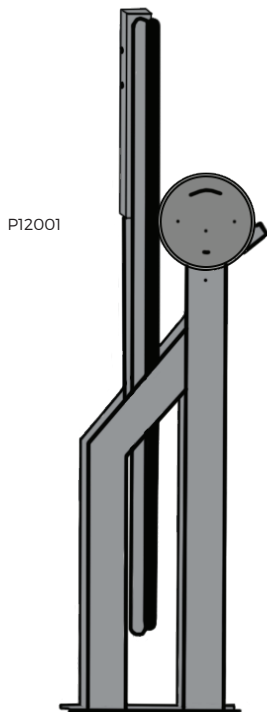
Main Shaft Assembly



P19521

Table Frame Assembly

Use with Base Assembly
Hardware Kit (H11601)



P12001

Locking Knobs



P11003

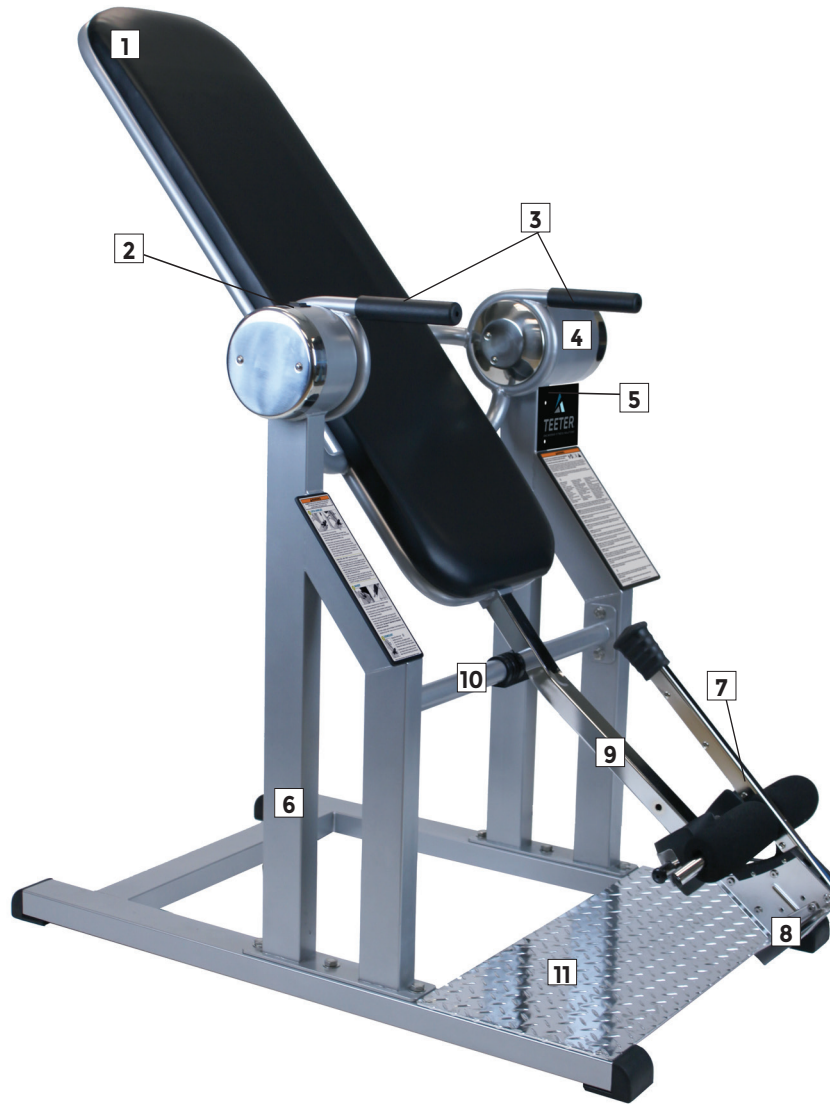
Handle Assembly



P12003

Identifying Parts & Components

Before reading further, study the drawing below to familiarize yourself with the important components of the Power VI-GL Inversion Table.



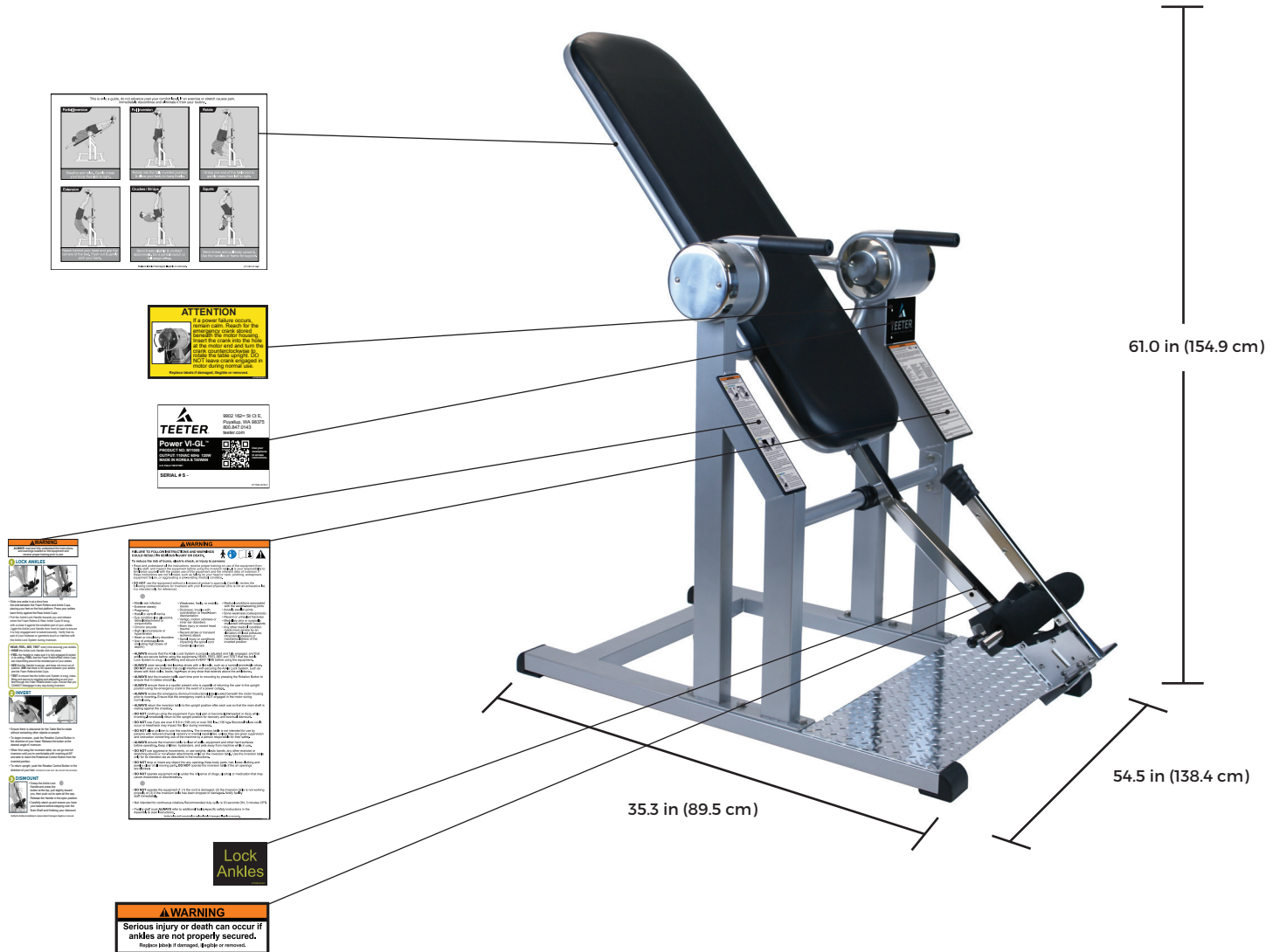
Identifying Parts and Components

1	Table Bed	7	Ankle Lock System
2	Rotation Control Button	8	Foot Platform
3	Handles	9	Main Shaft
4	Motor Housing	10	Crossbar
5	Manual Hand Crank	11	Base Platform
6	Frame		

Safety Warning Labels & Product Specifications

Important: Please review all labels and supporting materials before using your inversion table.

This drawing indicates the locations of the warning labels and placards found on your product. If a label or placard is missing, illegible or is removed, contact Teeter Customer Service to request a complimentary replacement. Note: Image and labels below not shown at actual size.



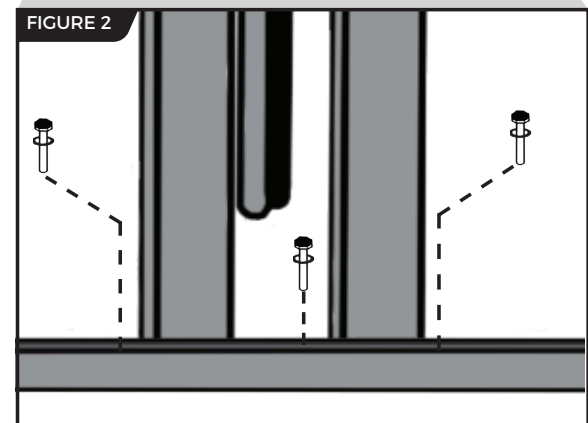
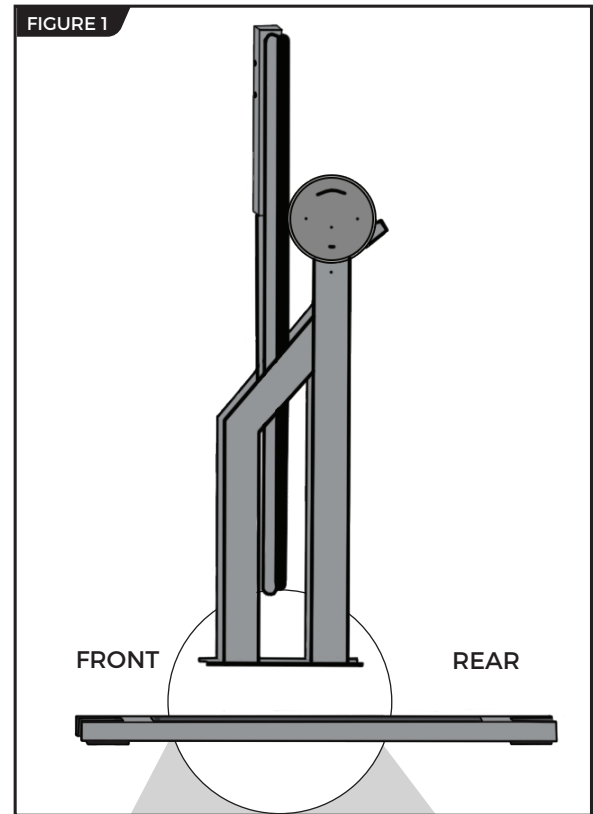
TECHNICAL DESCRIPTION	
Assembled Non-Use Dimensions:	54.5 (L) x 35.3 (W) x 61.0 in (H) (138.4 x 89.5 x 154.9 cm)
Maximum In-Use Dimensions:	75.0 (L) x 35.3 (W) x 88.0 in (H) (190.5 x 89.5 x 223.5 cm)
Weight (approx.):	161 lbs (73 kg)
Voltage & Power Rating	110 VAC, 60 Hz, 120 W
Duty Cycle	30 seconds ON, 3 minutes OFF
Altitude	2000m max
Humidity	40-80%
Temperature Range	10° - 30°C

STEP ①

Assemble Table Frame to the Base

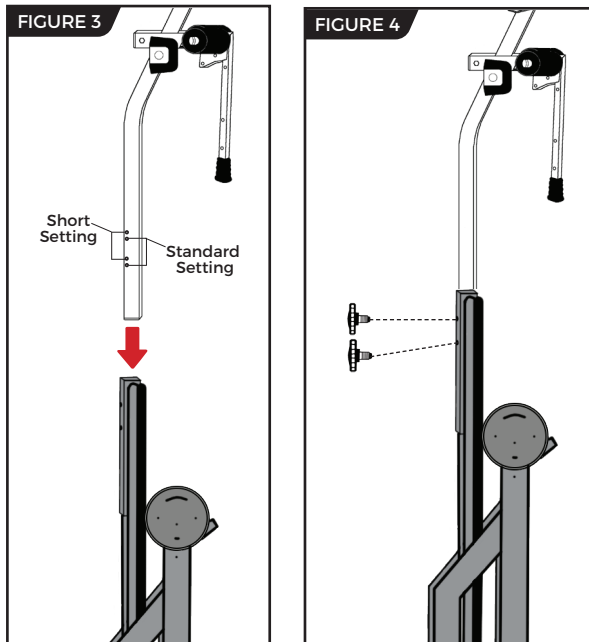
NOTE: The Table Bed arrives rotated into the fully inverted position. This is the most convenient position from which to begin the assembly process.

- Place the Base flat on the floor, with the holes up (Figure 1). The holes in the Base are off-center toward the front.
- Place the Table Frame upright on its legs on top of the Base, with the smaller, angled legs pointing in the same direction as the front of the Frame Base.
- Align the six (6) holes and insert a Bolt and Washer through each hole on both sides of the Base (Figure 2).
- Loosely tighten the Bolts until certain that all of the holes are aligned properly, then securely tighten with a 19 mm wrench.



STEP ②

Assemble Main Shaft to the Table Frame



· With one of the Locking Knobs in hand, insert the Main Shaft into the Bed Frame Assembly (Figure 3).

· Install the main shaft in the Standard Setting by lining up the first set of holes on the Main Shaft with the back of the Table Bed (Figure 3).

Note: The Standard Setting on the Main Shaft will accommodate most users. The second set of holes indicates the shorter height setting, which may be used for users of smaller stature (Figure 3).

· Insert the Locking Knob and screw into one of the holes to hold the Main Shaft in place (Figure 4).

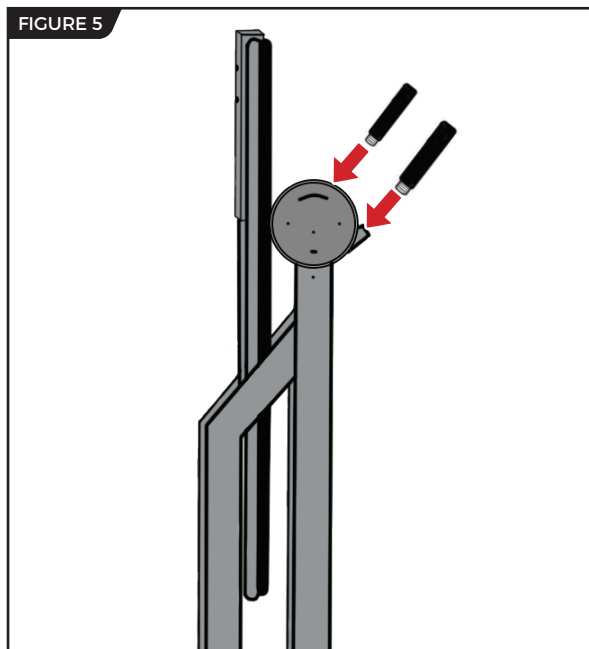
· Insert and screw the second Locking Knob into the other hole. Tighten the Locking Knob securely.

⚠ WARNING

FAILURE to properly secure the Locking Knobs could result in serious injury or death!

STEP ③

Assemble Handles to Table Frame

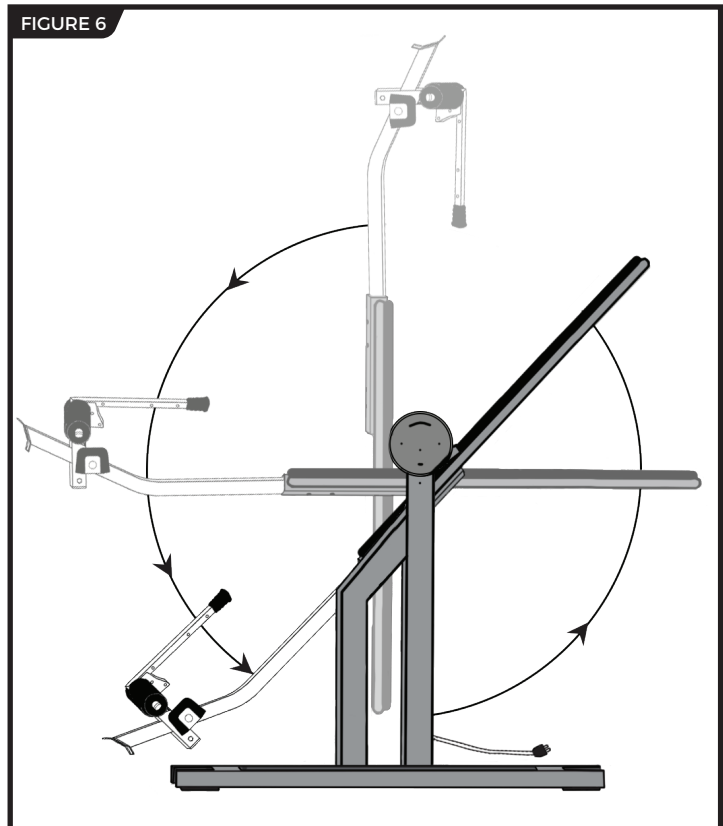


· Hand tighten the Handles into the Handle Housings on each side of the Table Frame (Figure 5).

STEP ④

Connect to Power Source

- Connect to an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.
- Rotate the upright using the Rotation Control Button. The movement is indicated by the arrows (Figure 6).



Prepare to Invert



Before Using the Inversion Table

- Make sure the inversion table rotates smoothly to the fully inverted position and back by pushing the Rotation Control Button (Figure 7). Be sure to check that there is adequate clearance to rotate in front, above and behind you.

! WARNING

FAILURE to engage the Ankle Lock System fully could result in serious injury or death! **ALWAYS** wear securely tied, lace-up shoes with a flat sole, such as a tennis shoe. **DO NOT** wear shoes with thick soles, boots, high-tops or any shoe that extends above the ankle bone, as this type of footwear could interfere with properly securing your ankles. **NEVER** use the inversion table face down. **DO NOT** attempt to invert before securing your ankles.



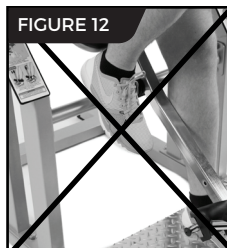
Securing Your Ankles

Prior to inverting, properly secure your ankles by following these steps:

1. With your back to the Table Bed, and using the handles to steady yourself, carefully step onto the Base Platform to stand next to one side of the Main Shaft (the Crossbar will be behind your legs) (Figure 8). Lift the foot closest to the Main Shaft over the Ankle Lock System and place it on the floor on the other side, to straddle the Main Shaft.
2. If the Ankle Lock System is closed, grasp the Ankle Lock Handle and push down, pull slightly closed, then push out to open it all the way. Release the handle in the open position.
3. To balance yourself, rest only your lower body against the lower portion of the Table Bed as you slide one ankle at a time from the side (Figure 9) between the Front Foam Rollers & Rear Ankle Cups, placing your feet on the Foot Platform.

Do not insert your foot into the Ankle Lock System as you would slide your foot into a shoe (Figure 10). Your feet should always be either on the floor or on the Foot Platform; never use any other part of the inversion table as a step (Figures 11 & 12).

4. Press your ankles back firmly against the Rear Ankle Cups, then slightly rotate the tops of the Cups so they are angled toward the back of your leg/Achilles tendon. This will allow the Rear Cups to rotate somewhat as you invert so the cushioned part comfortably supports your ankles.



Prepare to Invert

Securing Your Ankles (continued)

5. Pull the Ankle Lock Handle towards your legs (Figure 13) and release when the Front Foam Rollers & Rear Ankle Cups fit snug, with a close fit against the smallest part of your ankles (Figure 14). Jiggle the Ankle Lock Handle from front to back to make sure it has fully engaged and is locked securely. Verify that no part of your footwear or garments touch or interfere with the Ankle Lock Ankle Lock System in any way during inversion.

Employ the method of **“HEAR, FEEL, SEE, TEST”** every time you secure your ankles in the inversion table:

HEAR the locking Ankle Lock Handle click into place;

FEEL the Ankle Lock Handle to make sure it is fully engaged and locked in its setting, and **FEEL** that the Front Foam Rollers & Rear Ankle Cups are close-fitting around the smallest part of your ankles;

SEE that the EZ-Reach Handle is secure, and does not move out of position, and **SEE** that there is NO space between your ankles and the Foam Rollers/Ankle Cups.

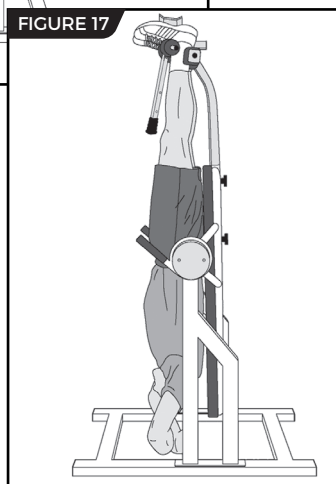
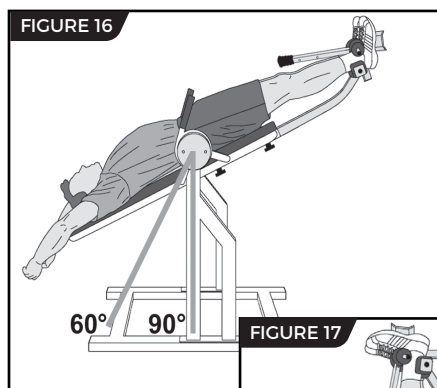
TEST the Ankle Lock Ankle Lock System enclosure to ensure that it is snug, close-fitting and secure by wiggling and attempting to pull your feet through the Foam Rollers/Ankle Cups. Ensure that you CANNOT disengage from the Ankle Cups each time before attempting to invert.



How to Invert



- Ensure there is clearance for the Table Bed to rotate without contacting other objects or people.
- To begin inversion, push the Rotation Control Button in the direction of your head. Release the button at the desired angle of inversion (Figure 15).
- When first using the inversion table, DO NOT go into full inversion until you're comfortable with inverting at 60° and able to reach the Rotational Control Button from the inverted position. See back of the Table Bed for illustrated stretches and exercises.
- Increase the duration of use over a period of time if desired. Listen to your body. Inversion is NOT a no pain, no gain activity.



Full Inversion

- Inversion is defined as hanging completely upside down (90°) with your back free from the Table Bed. DO NOT attempt this step until you are comfortable with inverting to 60° (Figure 16).
- Press the Rotation Adjustment Button in the direction of your head and rotate completely upside down. Allow your back to relax and hang freely from the Table Bed (Figure 17). In this position, you'll have freedom of movement for stretching and exercise.

Returning Upright

- To return upright, press the Rotation Control Button in the direction of your feet. Stop and rest for a few minutes just past horizontal (0°) to help prevent dizziness and allow your back to re-compress without discomfort before returning completely upright.
- Grasp the handle of the Ankle Lock System and press the button at the top, pull slightly toward you, then push out to open it all the way (Figure 18). Release the handle in the open position.
- Keep your lower body supported against the Table Bed as you step onto the floor. Carefully stand up and ensure you have your balance before stepping over the main shaft and finishing your dismount.



The Teeter warranty set forth below and on Teeter's website applies to US and Canadian customers only. For international customers, please consult your local distributor for warranty information which will vary depending on country.



During the period starting with the day of retail purchase and continuing for two (2) years, Teeter extends to the owner a repair and replacement warranty against manufacturing defects in materials, workmanship, fabrics and padding. Teeter will repair or replace any such defect and will pay the costs of all parts, labor and transportation. If a repair or replacement is not commercially practical or cannot timely be made, then Teeter will, at the original Purchaser's option, replace with a comparable product or refund the purchase price.

Handling and transportation costs related to product warranty service only are covered by this warranty. This warranty does not cover damage resulting from improper handling, assembly, or installation, repairs made by others, accident, misuse, or abuse. Under no circumstances shall Teeter, or any other party involved in the sale of this product, have any liability for incidental or consequential damage arising from breach of an express or implied warranty on any Teeter product.

EXCEPT AS SET FORTH ABOVE, NO WARRANTY IS GIVEN WITH RESPECT TO ANY TEETER PRODUCT, AND ALL EXPRESS WARRANTIES ARE DISCLAIMED. This warranty shall be governed by the laws of the State of Washington, USA. To the extent this warranty is found not to be enforceable, it shall be deemed revised to the extent necessary to make it enforceable. This warranty and any controversy or claim arising out of this warranty or its interpretation shall be governed by the laws of the State of Washington, USA. Any controversy or claim arising out of or relating to this warranty, its interpretation, or any alleged breach thereof, which cannot be amicably settled between Teeter and the owner within sixty (60) days of written notice by the aggrieved party to the other, shall be finally settled by arbitration submitted to three (3) arbitrators selected from the panels of the arbitrators of the American Arbitration Association located closest to Teeter's principal place of business.

Some states do not allow the exclusion of incidental or consequential damage from a warranty, so the above limitation or exclusion may not apply to you. Some states do not allow limitations on how long an implied warranty lasts, so the above limitation may not apply to you. This warranty gives you specific legal rights, and you may also have other rights which may vary from state to state. This warranty is completely transferable to any and all future owners of this product, provided no alterations have been made to the product.

HOW TO SUBMIT YOUR REGISTRATION:

Step 1

Fill out this information for your own records.

_____ Date of Purchase

_____ Product & Model

Step 2

Go online to teeter.com to register your warranty.

_____ Dealer Name

_____ Serial No.

If you are unable to go online, you can request a warranty card to be mailed to you by calling Customer Service at 800-847-0143. Please DO NOT mail this to Teeter.



PLEASE RETAIN THIS FOR YOUR RECORDS

Find These Great Products and More at teeter.com!

EP-970™ Inversion Table

The EP-970 is the premier home-use Teeter Inversion Table featuring the Deluxe EZ-Reach Handle to reduce the need for bending, Traction Handles for added stretching option, and Stretch Max Handles for increased support.



T3™ Massager

Countless options for self-massage, trigger point therapy, and myofascial release to resolve tension and pain gently and naturally.



Better Back™ Foam Roller

Durable, extra firm high-density foam with versatile design for posture, balance, self-massage, and core exercises.



P2 Traction Device

Apply gentle, user-controlled traction to allow the lower back to decompress, reduce nerve pressure, and relax tense muscles.



reNEW™ Muscles Pain Relieving Cream

Deeply penetrates sore and aching muscles on contact. Specially formulated with emu oil, arnica, MSM, and glucosamine.



Neck Restore Tension Reliever

Provides support of the upper neck/cervical spine for self-administered suboccipital release, a technique to reduce tension in the supporting muscles.



Roger Teeter
Founder & Innovator



If you have any trouble assembling the equipment, or questions about its use, please contact customer service.

USA: 800-847-0143 or info@teeter.com

International: info@teeterintl.com

USA: Teeter
9902 162nd St. Ct. E.
Puyallup, WA 98375
Toll Free: 800-847-0143
Fax: 800-847-0188
teeter.com | info@teeter.com

International: Teeter International, Ltd.
Cor-Ray House
758 Great Cambridge Rd
Enfield
Middlesex EN1 3GN
United Kingdom
teeterintl.com | info@teeterintl.com



Any modification to this device will void the TUV Listing.



Medical Device Safety Service
GmbH
Schiffgraben 41
30175 Hannover
Germany
Tel. +49 511 62628630



Class I, Type B
Medical Equipment